




## October 2023 High School Lunch Menu

\*Milk Variety Includes: 1% White OR Skim Chocolate



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><u>Entrees:</u> Mozzarella Sticks w/ Biscuit Peanut Butter &amp; Jelly on Wheat Pizza Wedge Hot Dogs Hoagie <u>Sides:</u> Applesauce Pineapple Tidbits Corn Mariana Sauce Romaine Salad <u>Beverage:</u> *Milk Variety</p>	<p>3</p> <p><u>Entrees:</u> Mini Corn Dogs w/ Corn Muffin Peanut Butter &amp; Jelly on Wheat Personal Pizza Hot Dogs Hoagie <u>Sides:</u> Orange Wedges Fruit Juice Celery Sticks Baked Beans Romaine Salad <u>Beverage:</u> *Milk Variety</p>	<p>4</p> <p><u>Entrees:</u> Popcorn Chicken w/ Roll Peanut Butter &amp; Jelly on Wheat Stuffed Crust Pizza Hot Dogs Hoagie <u>Sides:</u> Apple Wedges Diced Peaches Peas Baby Carrots Romaine Salad <u>Beverage:</u> *Milk Variety</p>	<p>5</p> <p><u>Entrees:</u> Cheeseburger on Bun Peanut Butter &amp; Jelly on Wheat Pizza Wedge Hot Dogs Hoagie <u>Sides:</u> Fruit Juice Mixed Fruit Broccoli Romaine Salad <u>Beverage:</u> *Milk Variety</p>	<p>6</p> <p><u>Entrees:</u> Turkey Sausage, Egg &amp; Cheese on a Croissant Peanut Butter &amp; Jelly on Wheat French Bread Pizza Hot Dogs Hoagie <u>Sides:</u> Bananas Diced Pears Cucumber Slices Romaine Salad <u>Beverage:</u> *Milk Variety</p>
<p>9</p> <p>In-Service Day No School</p> 	<p>10</p> <p><u>Entrees:</u> Cheese Quesadilla Peanut Butter &amp; Jelly on Wheat Personal Pizza Hot Dogs Hoagie <u>Sides:</u> Applesauce Fruit Juice Corn Salsa Romaine Salad <u>Beverage:</u> *Milk Variety</p>	<p>11</p> <p><u>Entrees:</u> Tangy Chicken w/ Rice Peanut Butter &amp; Jelly on Wheat Stuffed Crust Pizza Hot Dogs Hoagie <u>Sides:</u> Apple Wedges Diced Peaches Baby Carrots Romaine Salad <u>Beverage:</u> *Milk Variety</p>	<p>12</p> <p><u>Entrees:</u> Chicken Patty on Bun Peanut Butter &amp; Jelly on Wheat Pizza Wedge Hot Dogs Hoagie <u>Sides:</u> Fruit Juice Mixed Fruit Green Beans Cucumber Slices Romaine Salad <u>Beverage:</u> *Milk Variety</p>	<p>13</p> <p><u>Entrees:</u> Macaroni &amp; Cheese w/ Roll Peanut Butter &amp; Jelly on Wheat French Bread Pizza Hot Dogs Hoagie <u>Sides:</u> Diced Peaches Bananas Broccoli Romaine Salad <u>Beverage:</u> *Milk Variety</p>
<p>16</p> <p><u>Entrees:</u> Chicken Nuggets w/ Roll Peanut Butter &amp; Jelly on Wheat Pizza Wedge Hot Dogs Hoagie <u>Sides:</u> Applesauce Pineapple Tidbits Broccoli Baked Beans Romaine Salad <u>Beverage:</u> *Milk Variety</p>	<p>17</p> <p><u>Entrees:</u> Turkey Nachos Peanut Butter &amp; Jelly on Wheat Personal Pizza Hot Dogs Hoagie <u>Sides:</u> Oranges Fruit Juice Corn Salsa Romaine Salad <u>Beverage:</u> *Milk Variety</p>	<p>18</p> <p><u>Entrees:</u> Fish Nuggets w/ Roll Peanut Butter &amp; Jelly on Wheat Stuffed Crust Pizza Hot Dogs Hoagie <u>Sides:</u> Apple Wedges Diced Peaches Celery Sticks Grape Tomatoes Romaine Salad <u>Beverage:</u> *Milk Variety</p>	<p>19</p> <p><u>Entrees:</u> French Toast Sticks Peanut Butter &amp; Jelly on Wheat Pizza Wedge Hot Dogs Hoagie <u>Sides:</u> Fruit Juice Diced Pears Cucumber Slices Peas Romaine Salad <u>Beverage:</u> *Milk Variety</p>	<p>20</p> <p><u>Entrees:</u> Cheesy Breadsticks Peanut Butter &amp; Jelly on Wheat French Bread Pizza Hot Dogs Hoagie <u>Sides:</u> Bananas Mixed Fruit Baby Carrots Marinara Sauce Romaine Salad <u>Beverage:</u> *Milk Variety</p>

# October

Continued....

<p>23</p> <p><u>Entrees:</u>                      Chicken Drumstick w/                      Biscuit                      Peanut Butter &amp; Jelly on                      Wheat                      Pizza Wedge                      Hot Dogs                      Hoagie  <u>Sides:</u>                      Applesauce                      Pineapple Tidbits                      Broccoli                      Baked Beans                      Romaine Salad  <u>Beverage:</u>                      *Milk Variety</p>	<p>24</p> <p><u>Entrees:</u>                      Grilled Cheese                      Peanut Butter &amp; Jelly on                      Wheat                      Personal Pizza                      Hot Dogs                      Hoagie  <u>Sides:</u>                      Oranges                      Fruit Juice                      Tomato Soup                      Cucumber Slices                      Romaine Salad  <u>Beverage:</u>                      *Milk Variety</p>	<p>25</p> <p><u>Entrees:</u>                      Meatball Sandwich                      Peanut Butter &amp; Jelly on                      Wheat                      Stuffed crust Pizza                      Hot Dogs                      Hoagie  <u>Sides:</u>                      Apples Wedges                      Diced Peaches                      Baby Carrots                      Green Beans                      Romaine Salad  <u>Beverage:</u>                      *Milk Variety</p>	<p>26</p> <p><u>Entrees:</u>                      Spicy Chicken Patty                      Peanut Butter &amp; Jelly on                      Wheat                      French Bread Pizza                      Hot Dogs                      Hoagie  <u>Sides:</u>                      Grapes                      Fruit Juice                      Corn                      Romaine Salad  <u>Beverage:</u>                      *Milk Variety</p>	<p>27</p> <p>Early Dismissal</p> 
<p>30</p> <p><u>Entrees:</u>                      Mozzarella Sticks w/                      Biscuit                      Peanut Butter &amp; Jelly on                      Wheat                      Pizza Wedge                      Hot Dogs                      Hoagie  <u>Sides:</u>                      Applesauce                      Pineapple Tidbits                      Marinara sauce                      Cucumber Slices                      Romaine Salad  <u>Beverage:</u>                      *Milk Variety</p>	<p>31</p> <p><u>Entrees:</u>                      Cheesesteak on Bun                      Peanut Butter &amp; Jelly on                      Wheat                      Personal Pizza                      Hot Dogs                      Hoagie  <u>Sides:</u>                      Oranges                      Fruit Juice                      Corn                      Shredded Lettuce  <u>Beverage:</u>                      *Milk Variety</p>	<p>Earn \$ while your children learn. Apply for Food Service jobs                      at  <a href="https://sedelco.tedk12.com/hire/index.aspx">https://sedelco.tedk12.com/hire/index.aspx</a>                      Menu subject to change due to supply chain issues</p> 